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# BLS

## Basic Life Support Course Schedules

January - June 2009



MOUNT CARMEL

A MEMBER OF TRINITY HEALTH

Presented by Mount Carmel

Mount Carmel offers a wide variety of American Heart Association courses. Basic Life Support (BLS) courses teach community members and healthcare professionals how to respond to a cardiopulmonary emergency by delivering care according to the current American Heart Association (AHA) guidelines. All courses will follow the new 2005 AHA guidelines and skill evaluation requirements. Each course is designed to meet the needs of a particular group or a job requirement. Below is a brief description for each course and the approximate class time needed to complete the material and hands-on participation.

Note: Not all courses listed in the brochure are offered on a routine basis. Please call 614-546-3473 to check for course availability. If a business or industry would like to have a class offered at their facility, please call 614-546-3473 for details.

### HEALTHCARE PROVIDER COURSES

These courses are designed for those individuals who work in the healthcare field. Typically those who take the course are physicians, nurses, respiratory therapists, radiographers, physical and occupational therapists, paramedics and others who provide direct patient care. The course includes CPR skills for adults, children and infants, use of the Automated External Defibrillator (AED), and relief of foreign-body airway obstruction on adults, children and infants.

**Healthcare Provider Training** 4-5 hours \$55.00

For those individuals taking this level of training for the first time or whose Healthcare Provider card has expired. Participants are required to pass a written test and demonstrate the correct skills before a completion card is issued. Class number 1-6.

**Healthcare Provider Renewal** 4 hours \$40.00

For individuals who hold a current Healthcare Provider card and want to renew their card. Participants are required to pass a written test and demonstrate the correct skills before a completion card is issued. Class number 7-24.

**BLS Skills Check-Off** 30 minutes \$25.00

This is a skills check off only for those individuals who completed the on-line AHA training. Participants need to bring a copy of their certificate showing completion of the on-line training. Skills will be checked off any time between 8 a.m.- 3 p.m. during classes 1-30.

### HEARTSAVER COURSES

These courses are designed for individuals who may be required to respond to life threatening emergencies such as: police officers, firefighters, security guards, teachers, and day care workers. Participants will learn how to recognize life-threatening emergencies including cardiac arrest and choking in adults, children and infants. They will also learn to recognize the warning signs of a heart attack and stroke in adults and respiratory emergencies with children.

**Heartsaver CPR for Adult/Child** 3 hours \$35.00

CPR and relief of foreign-body airway obstruction for adults or children (age 1-8). Participants must demonstrate correct skills before a completion card is issued. Please call 546-3473 if you are interested in this class.

**Heartsaver CPR for Adult/Child and Infant** 3-4 hours \$45.00

CPR and relief of foreign body airway obstruction for adults, children and infants. Participants must demonstrate the correct skills before a completion card is issued. Class number 25-30, 31-36, 49-54.

**Heartsaver AED** 3-4 hours \$40.00 - \$55.00

Adult/child CPR, relief of foreign-body airway obstruction and use of an automated external defibrillator (AED). Infant CPR and choking can also be included in this training. Participants must demonstrate correct skills before a completion card is issued. Please call 546-3473 if you are interested in scheduling this class.

**Heartsaver First Aid** 7-8 hours \$70.00

Basic first aid principles and their application; how to recognize and respond to medical emergencies and specific steps for treating injuries. Also included are first aid for extreme heat, cold, bites, stings, adult CPR, relief of foreign-body airway obstruction, and use of an automated external defibrillator (AED). Participants are required to demonstrate correct skills before a completion card is issued. Please call 546-3473 if you are interested in scheduling this class.

This course can be divided into different components such as Adult First Aid only or Adult First Aid with Adult/Child CPR, and use of AED. (Infant CPR is optional). There is a separate Heartsaver Pediatric First Aid course. Please call 546-3473 for more details or if you are interested in scheduling any of these classes.

### CPR FAMILY AND FRIENDS

This course is designed for laypersons who want to learn rescue skills for loved ones. It is appropriate for school children and for family members of patients at risk for sudden cardiac death. Information is presented about the AHA Chain of Survival, signs of cardiac arrest, heart attack, stroke and choking in adults and children. A written test is not required as part of this training.

**CPR Family and Friends - Adult/Child and Infant** 3-4 hours \$40.00

CPR for adult/child and infant; relief of foreign-body airway obstruction for each age group. A course participation card is issued. Class number 37-42.

**CPR Family and Friends - Adult/Child** 2.5 hours \$30.00

Adult/child CPR and relief of foreign-body airway obstruction. A course participation card is issued. Please call 546-3473 if you are interested in scheduling this class.

**CPR Family and Friends - Infant** 2 hours \$25.00

Infant CPR and relief of a foreign-body airway obstruction (newborn-1year). A course participation card is issued. Class number 43-48, 55-60.

### BLS INSTRUCTOR

**BLS Instructor Course** 1 day \$85.00

This course prepares individuals to teach Basic Life Support courses using the science, skills, and philosophy of the American Heart Association. Prerequisites: Current BLS Healthcare Provider card and complete an interview with BLS Faculty and/or coordinator. Mount Carmel employees must have completed a transfer request and interview process for Position 2.

Participants will be required to purchase their own course materials.

**BLS Instructor Renewal Course** 4 hours \$75.00

This course is designed for current BLS instructors to review current practices, guidelines, and any updates from the American Heart Association or Training Center. Participants will need to complete the on-line E-bls Healthcare Provider renewal before coming to class. At the class instructors will be evaluated on their teaching skills and will need to complete their skills check-off.

Mount Carmel reserves the right to cancel any class due to low registration or emergency situation. In these circumstances the participant has the option of enrolling in another class or receiving a refund if a fee was paid.

The American Heart Association (AHA) strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an education course does not represent course sponsorship by the American Heart Association and fees charged for such a course do not represent income to the AHA.

**HEALTHCARE PROVIDER TRAINING**

Class Number	Date	Time	Location
1.	January 12	8:00am - 1:00pm	Mount Carmel St. Ann's, Board Room, West Wing
2.	February 5	8:00am - 1:00pm	Mount Carmel West, College of Nursing Gym
3.	March 9	8:00am - 1:00pm	Mount Carmel East, Siegel Center
4.	April 6	8:00am - 1:00pm	Mount Carmel St. Ann's, Board Room, West Wing
5.	May 5	8:00am - 1:00pm	Mount Carmel West, College of Nursing Gym
6.	June 4	8:00am - 1:00pm	Mount Carmel East, Siegel Center

**HEALTHCARE PROVIDER RENEWAL**

Class Number	Date	Time	Location
7.	January 16	8:00am - 11:30am	Mount Carmel East, Siegel Center
8.	January 27	8:00am - 11:30am	Mount Carmel West, College of Nursing Gym
9.	January 27	12:00pm - 3:30pm	Mount Carmel West, College of Nursing Gym
10.	February 13	12:00pm - 3:30pm	Mount Carmel St Ann's Board Room, West Wing
11.	February 24	8:00am - 11:30am	Mount Carmel East, Siegel Center
12.	February 24	12:00pm - 3:30pm	Mount Carmel East, Siegel Center
13.	March 19	8:00am - 11:30am	Mount Carmel West, College of Nursing Gym
14.	March 24	8:00am - 11:30am	Mount Carmel St Ann's Board Room, West Wing
15.	March 24	12:00pm - 3:30pm	Mount Carmel St Ann's Board Room, West Wing
16.	April 20	12:00pm - 3:30pm	Mount Carmel East, Siegel Center
17.	April 23	8:00am - 11:30am	Mount Carmel West, College of Nursing Gym
18.	April 23	12:00pm - 3:30pm	Mount Carmel West, College of Nursing Gym
19.	May 15	8:00am - 11:30am	Mount Carmel St. Ann's, Board Room, West Wing
20.	May 19	8:00am - 11:30am	Mount Carmel East, Siegel Center
21.	May 19	12:00pm - 3:30pm	Mount Carmel East, Siegel Center
22.	June 11	12:00pm - 3:30pm	Mount Carmel West, College of Nursing Gym
23.	June 29	8:00am - 11:30am	Mount Carmel St. Ann's, Board Room, West Wing
24.	June 29	12:00pm - 3:30pm	Mount Carmel St. Ann's, Board Room, West Wing

**HEARTSAVER CPR ADULT/CHILD and INFANT**

Class Number	Date	Time	Location
25.	January 16	12:00pm - 3:30pm	Mount Carmel East, Siegel Center
26.	February 13	8:00am - 11:30am	Mount Carmel St. Ann's, Board Room, West Wing
27.	March 19	12:00pm - 3:30pm	Mount Carmel West, College of Nursing Gym
28.	April 20	8:00am - 11:30am	Mount Carmel East, Siegel Center
29.	May 15	12:00pm - 3:30pm	Mount Carmel St. Ann's, Board Room, West Wing
30.	June 11	8:00am - 11:30am	Mount Carmel West, College of Nursing Gym

All classes listed below are at Mount Carmel St. Ann's, West Wing, Room 306B. All participants interested in these classes need to register by calling 234-LIFE (5433).

**Mount Carmel St Ann's 614-898-4000**

500 South Cleveland Avenue - Westerville

**HEARTSAVER ADULT/CHILD AND INFANT AT MOUNT CARMEL ST. ANN'S**

Class Number	Date	Time	Location
31.	January 17	8:00am - 11:00am	MCSA, West Wing
32.	February 21	8:00am - 11:00am	MCSA, West Wing
33.	March 21	8:00am - 11:00am	MCSA, West Wing
34.	April 18	8:00am - 11:00am	MCSA, West Wing
35.	May 16	8:00am - 11:00am	MCSA, West Wing
36.	June 20	8:00am - 11:00am	MCSA, West Wing

**CPR FOR FAMILY AND FRIENDS - ADULT/CHILD AND INFANT AT MOUNT CARMEL ST. ANN'S**

Class Number	Date	Time	Location
37.	January 17	12:00pm - 3:00pm	MCSA, West Wing
38.	February 21	12:00pm - 3:00pm	MCSA, West Wing
39.	March 21	12:00pm - 3:00pm	MCSA, West Wing
40.	April 18	12:00pm - 3:00pm	MCSA, West Wing
41.	May 16	12:00pm - 3:00pm	MCSA, West Wing
42.	June 20	12:00pm - 3:00pm	MCSA, West Wing

**CPR FOR FAMILY AND FRIENDS - INFANT ONLY AT MOUNT CARMEL ST. ANN'S**

Class Number	Date	Time	Location
43.	January 17	3:00pm - 5:00pm	MCSA, West Wing
44.	February 21	3:00pm - 5:00pm	MCSA, West Wing
45.	March 21	3:00pm - 5:00pm	MCSA, West Wing
46.	April 18	3:00pm - 5:00pm	MCSA, West Wing
47.	May 16	3:00pm - 5:00pm	MCSA, West Wing
48.	June 20	3:00pm - 5:00pm	MCSA, West Wing

All classes listed below are at Mount Carmel East, Siegel Center, Angela Hamilton Room. Call 614-234-LIFE (5433) to register.

**Mount Carmel East 614-234-6000**

6001 East Broad Street - Columbus

**HEARTSAVER ADULT/CHILD AND INFANT AT MOUNT CARMEL EAST**

Class Number	Date	Time	Location
49.	January 10	8:00am - 11:00am	MCE, Angela Hamilton
50.	February 14	8:00am - 11:00am	MCE, Angela Hamilton
51.	March 14	8:00am - 11:00am	MCE, Angela Hamilton
52.	April 11	8:00am - 11:00am	MCE, Angela Hamilton
53.	May 9	8:00am - 11:00am	MCE, Angela Hamilton
54.	June 13	8:00am - 11:00am	MCE, Angela Hamilton

**CPR FOR FAMILY AND FRIENDS - INFANT ONLY AT MOUNT CARMEL EAST**

Class Number	Date	Time	Location
55.	January 10	11:30am - 1:30pm	MCE, Angela Hamilton
56.	February 14	11:30am - 1:30pm	MCE, Angela Hamilton
57.	March 14	11:30am - 1:30pm	MCE, Angela Hamilton
58.	April 11	11:30am - 1:30pm	MCE, Angela Hamilton
59.	May 9	11:30am - 1:30pm	MCE, Angela Hamilton
60.	June 13	11:30am - 1:30pm	MCE, Angela Hamilton

**BLS Registration Form**

Participants will not be guaranteed a space in the class until payment is received with this form or by calling 546-3473 to make arrangements.

**Make check payable to:  
Mount Carmel Health System**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Employee ID Number: \_\_\_\_\_

Department: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Please circle the desired class number you wish to attend July - December 2008.

- Healthcare Provider Training  
1 2 3 4 5 6
- Healthcare Provider Renewal  
7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24
- Heartsaver CPR Adult/Child and Infant  
25 26 27 28 29 30
- Heartsaver Adult/Child and Infant at Mount Carmel St. Ann's  
31 32 33 34 35 36
- CPR for Family and Friends -Adult/Child and Infant at Mount Carmel St. Ann's  
37 38 39 40 41 42
- CPR for Family and Friends- Infant only at Mount Carmel St. Ann's  
43 44 45 46 47 48
- Heartsaver Adult/Child and Infant at Mount Carmel East  
49 50 51 52 53 54
- CPR for Family and Friends- Infant Only at Mount Carmel East  
55 56 57 58 59 60

Please make checks payable to "Mount Carmel Health System" and mail to:

Mount Carmel Corporate Services Center  
Organizational Learning and Development  
Attn: CPR  
6150 East Broad St  
Columbus, OH 43213

Questions or additional information, please call 614-546-3246.