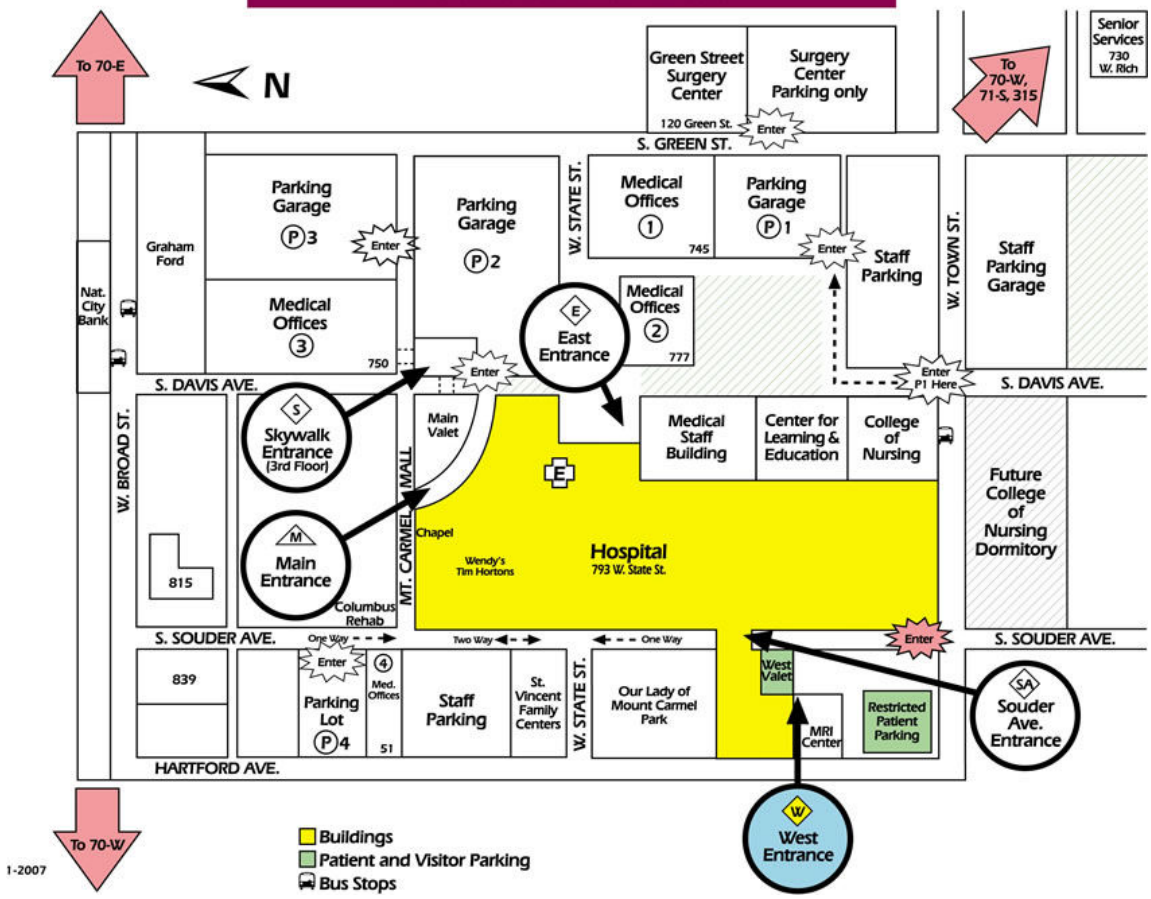Mount Carmel West