

MEDIC MINUTE



A QUARTERLY UPDATE WITH HELPFUL INFORMATION

FOR YOU AND YOUR PATIENTS

Introducing the *Medic Minute* Team

As we emerge out of covid, the Mount Carmel EMS team looks forward to getting back to pre-covid operations. The team has undergone changes that we want to make sure you are aware of and have the most updated contact information for each of them. We thank you for all you do for our patients and Emergency Departments.

EMS Medical Director

Dr. Paul Zeeb—Dr. Zeeb has been a part of the ED and EMS community for a million (lol) years and has an amazing wealth of experience as an ED physician and a Medical Director for many of our EMS partners in the community. Dr. Zeeb can relate to the daily challenges of our EMS partners and help to facilitate a better patient and EMS provider experience in our EDs. pzeeb@mchs.com

Regional Director Emergency Services

Monica Treinish, MSN, RN. Monica has been a part of the ED and EMS teams for over 25 years. Monica provides team oversight and serves as liaison between EMS and hospital administration. She understands the unique needs of the EMS teams and coordinates process improvement in regard to patient care in the EDs. mtreinish@mchs.com

EMS Nurse Coordinators

MCGC/MCF—Terri Arnold-Brown, RN, BSN. Terri has been a nurse coordinator at MCGC for 6 years. Her knowledge of the ED and EMS operations has been very valuable in building relationships with our EMS partners and the EDs. tarnold@mchs.com

MCE/MCR/DRMC—Aaron Schumm RN, BSN. Aaron has been an EMS Coordinator for MCHS for 6 years. His experience enables MCHS to meet the needs of the 911 providers in providing the best patient care while establishing strong EMS relationships. aschumm@mchs.com

MCSA/LC—Belinda Cain, RN. Belinda joined the EMS team coming from MCSAs ED as a strong bedside and Charge RN. She has been a part of the MCSAs ED team for 32 years having previously established strong relationships with EMS. These strong relationships have made Belinda's transition to an EMS Nurse Coordinator smooth and she has been instrumental in facilitating relationships at MCSAs and MCLC. bcain@mchs.com

System—Karen Kacsandi, RN, BSN. Karen has been a part of the MCHS EMS team for 3 years. Karen has a strong background as a bedside ED RN and a Manager in the ED. She has built strong relationships with our EMS partners and continues to facilitate those relationships in her daily work. krafferty@mchs.com

EMS Educator—Melissa Jacks, RN, MSN. Melissa comes to us from MCLC and MCSA with 16 years of experience as a bedside and Charge nurse and as an educator for our ED teams. She joined the EMS team in December 2021. Melissa has a master's degree in nursing education and is responsible for our educational offerings. She is the lead ACLS instructor for the MCHS EMS team. msulich@mchs.com

Medic Minute is Back!

Paul Zeeb, MD, FACEP, FAEMS – Medical Director, Mount Carmel EMS

COVID is now endemic and we have adapted to the disease. We learned from our experiences over the past 3 years. I would like to reflect on lessons learned during the pandemic.

Looking back:

- COVID came out of nowhere and we were caught unprepared. EMS stepped up, adjusted work practices and continued to provide high-quality pre-hospital care.
- We adjusted our patient care practices to remain safe, protecting ourselves, our patients as well as the patients and staff of the receiving emergency departments. Many of these practices continue today.
- EMS and emergency departments were frontline providers and always available to our patients.
- The central Ohio EMS and healthcare systems collaborated in ways I have not seen in my 30+ years as an EMS physician. For example, the Franklin County healthcare systems jointly established the COVID unit at the Columbus Convention Center.
- Central Ohio EMS medical directors collaborated on our treatment and transport plans, collectively providing guidance to our EMS agencies. In addition, we developed a collaborative agreement among agencies to provide medical oversight should a medical director become incapacitated.
- EMS physicians, out of necessity, served as a key resource to EMS administration in adapting to the pandemic.
- Telehealth went from relative obscurity to mainstream. It's time to move it into our pre-hospital practice.
- The COVID pandemic prompted many to exit healthcare as a profession resulting in staffing shortages in all areas of healthcare.

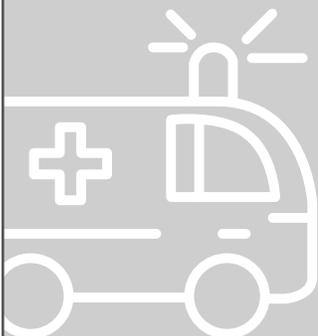
Currently, COVID is not a significant burden for healthcare providers. But,

- RSV (Respiratory Syncytial Virus) infections in children are at a high level across the country burdening pediatricians, pediatric emergency departments and urgent care centers. For most of us, RSV is an inconvenience but not a threat. In young children RSV may result in bronchiolitis and pneumonia requiring prolonged emergency department stays or hospital admission.
- Influenza season is coming. The experts are predicting a surge in influenza this year. You can reduce your risk of influenza by being vaccinated.
- Our healthcare systems in concert with EMS administration should pre-plan and identify alternative treatment locations for unscheduled visits by low acuity EMS patients during times of high ED volumes or during another infectious disease outbreak. We should consider implementation of 911 call center triage of low acuity calls with caller referral to a nurse call (or similar) line for patient linkage with community health services.

We should remember lessons learned from COVID. We must continue to collaborate in our response to other infectious disease outbreaks whether a new strain of COVID, RSV, influenza or other infectious diseases.

Stay safe!

**MCHS
EMS**



EDUCATION CORNER

We are currently working on our education schedule for the end of the year and for all of 2023. If your department has a need or request for education, please submit the education request form on our MCHS EMS website Educational Requests (mountcarmelhealth.com)

In the past few months, we have placed our recorded education sessions into the Enduring Material section of our website Portal - Welcome (eeds.com). Topics include Pediatrics, Cardiac, OB, Forensics, Difficult Airway, and Trauma. Just a reminder, it is easiest to print the CE form once each activity is completed.

Our Upcoming Educational Offerings: additional information and viewing link(s) can be found on our EMS website Portal - CE Calendar (eeds.com)

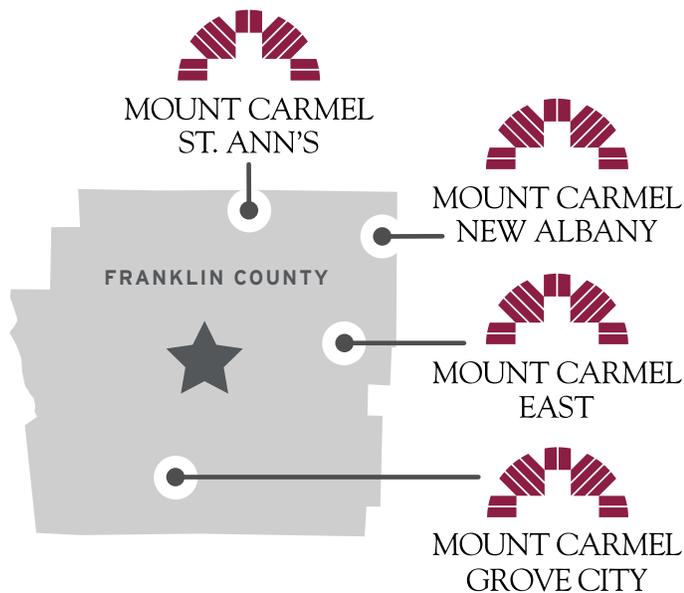
12/5–12/7: ACLS/BLS Renewal for Orange Twp

12/14: 0930 **Geriatric Education** at Delaware City (Virtual Option available)

12/13, 12/14, and 12/15: 0600-0715 **Pediatric Respiratory Illnesses:**
Drive Through Education at our Mount Carmel Reynoldsburg
Emergency Department

MOUNT CARMEL HEALTH SYSTEM

At each of our MCHS sites, you will find a mission-driven approach to the care of our patients. MCHS has 4 hospitals, 6 Emergency Departments, and over 100 ambulatory sites to cover the health needs of the community. Each hospital-based emergency department is ready and able to care for those time-critical patients assuring that each person in our community gets the services they need. Here is a list of all of the services that our hospitals have to meet the needs of you, your families, and the patients in the community. Thank you for what you do to make the health and wellness of our community your priority.



Emergency Care

Mount Carmel offers quality, comprehensive emergency medical care to more than 185,000 patients each year at our seven emergency rooms throughout central Ohio. Open 24/7/365 and staffed by board-certified emergency physicians, expert nurses, and technicians equipped with state-of-the-art technologies to treat almost any emergency.

Our full-service emergency rooms are at the following locations:

- Mount Carmel East
- Mount Carmel Grove City
- Mount Carmel St. Ann's
- Mount Carmel Franklinton
- Mount Carmel Lewis Center
- Mount Carmel Reynoldsburg
- Diley Ridge Medical Center

Emergency Care, Mount Carmel Health, Columbus, OH

Mount Carmel St. Ann's

- Heart and Vascular Center 24/7/365 availability
 - Cardiovascular Interventions - ECMO, STEMI, Pulmonary Embolism
 - Cardiac Surgery - CABG, Valve Repair, Thoracic Aneurysm, Aortic Dissection
 - Vascular Surgery - Abdominal Aortic Aneurysm, Dissection, Cold Leg/Limb & other Peripheral Vascular emergencies
- Primary Stroke Hospital
- Level III Newborn ICU

Mount Carmel New Albany

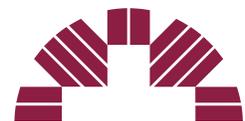
- Disease-Specific Certification Joint Replacement - Hip
- Disease-Specific Certification Joint Replacement - Knee
- Disease-Specific Certification - Spinal Fusion

Mount Carmel East

- Heart and Vascular Center - 24/7/365 availability
 - Cardiovascular Interventions - ECMO, STEMI, Cardiogenic Shock, Pulmonary Embolism
 - Cardiac Surgery - CABG, Valve Repair, Thoracic Aneurysm, Aortic Dissection
 - Vascular Surgery - Abdominal Aortic Aneurysm, Dissection, Cold Leg/Limb & other Peripheral Vascular emergencies
- Comprehensive Stroke Center
- Level II Trauma center
- Level III Newborn ICU

Mount Carmel Grove City

- Heart and Vascular Center 24/7/365 availability
 - Cardiovascular Interventions - ECMO, STEMI, Pulmonary Embolism
 - Cardiac Surgery - CABG, Valve Repair, Thoracic Aneurysm, Aortic Dissection
 - Vascular Surgery - Abdominal Aortic Aneurysm, Dissection, Cold Leg/Limb & other Peripheral Vascular emergencies
- Primary Stroke Hospital
- Accredited Bariatric Surgery Program
- Level II Newborn ICU



MOUNT CARMEL

If you have any questions, please feel free to contact us at mchsems@mchs.com or 1-866-624-7367.