

Investing in
PEOPLE FIRST

well-being

human experience

where people live

community



MOUNT CARMEL
Foundation

A Member of Trinity Health

2023 COMMUNITY IMPACT REPORT

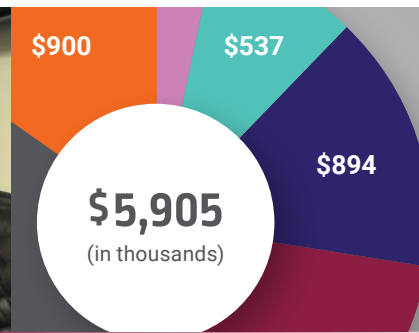
WHAT'S *INSIDE*

2 *Compassionate Care*

4 *Mount Carmel Dublin*

8 *The Legacy of Dr. O*

9 *Financial Highlights*



2023 COMMUNITY IMPACT REPORT

DEAR FRIENDS,



As 2023 draws to a close, we're both grateful and humbled by the amazing impact that you, and all those who support us, have helped make possible this year. Your generosity and commitment to improving lives is seen, felt and truly appreciated.

Our 2023 Community Benefit report highlights just a few of the many thousands of individuals in our community who have been touched by Mount Carmel Foundation programs this fiscal year. We wish we could share all of their stories but hope those we've chosen will convey the meaningful work we're doing. We couldn't do it without you.

Highlighted Mount Carmel Foundation funding priorities include:

- Support for the new Mount Carmel Dublin Health and Wellness campus, scheduled to open in 2025
- Community Health and Well-being, including Outreach and Street Medicine programs which provide care to poor and underserved populations
- Scholarships for Mount Carmel College of Nursing (MCCN) students
- Hospice and bereavement care and services

Additional programs funded include care for mothers and babies, cancer services, and help for those who are impacted by crime and trauma. Each of our funding priorities reflect what is most needed in the communities served.

Blessing and breaking ground on the new Mount Carmel Dublin Health and Wellness campus was exciting. The People First approach to everything we do, especially for this new campus, is just one part of reimagining post-COVID care.

The Foundation has an active \$5 million capital campaign underway to help support the planning and construction of Mount Carmel Dublin. This campaign comes on the heels of concluding the \$3.1 million Our Legacy of Learning campaign to benefit MCCN in 2022.

As MCCN celebrates its 120th anniversary this year, we've taken every opportunity to recognize and celebrate this amazing milestone. To usher in this new chapter, we warmly welcomed a new College president, Dr. Todd Ambrosia, and are excited for the future of nursing education here under his leadership.

Our commitment to diversity and inclusion is woven into everything we do for patients, colleagues, physicians and our communities. From supporting Colleague Resource Groups, providing targeted health equity funding, and strengthening and growing critical community partnerships, Mount Carmel remains firmly committed to work that ensures the common good for all.

Our dedicated Mount Carmel Foundation Board has helped us take great strides forward while selflessly giving their time and talent to foster hope and improve lives. Our generous donors, supportive colleagues, visionary corporations and dedicated Foundation staff are responsible for our impact, and we are profoundly grateful for each and every one of them.

With Gratitude,



Deanna Stewart
President
Mount Carmel Foundation



Ramon Jones
Chair
Mount Carmel Foundation
Board of Trustees –
Nationwide

2023 COMMUNITY IMPACT



CTAP program partners to provide statewide training to combat human trafficking

The Crime and Trauma Assistance Program (CTAP) helps individuals who have been impacted by trauma through

mental health counseling, therapeutic and skill-building groups, advocacy, education and training for community members.

CTAP services are provided at no cost to individuals due to financial support from local and federal grants, as well as funds from the Mount Carmel Foundation.

In March, Ohio Attorney General Dave Yost and Mount Carmel Health System announced a new training initiative for Ohio health care professionals to help identify survivors of human trafficking. "When it comes to helping people in trafficking situations, everyone is a first responder," Yost said. "This is one more tool we can give health care professionals statewide to be trauma-informed in their practice. The knowledge Mount Carmel is lending to this partnership is invaluable."



Colleague and patient, Joyce, triumphs over cancer

Sometimes, a casual conversation can be a lifesaver. Mount Carmel colleague and patient, Joyce, had a quick hallway conversation with Dr. Kristen Terranova, for whom she used to work. Dr. Terranova

asked her when her last annual gynecological check-up was and she told her it had been a couple of years. Joyce thought a pap smear was the same as an annual check-up. It's not, but that is a common misunderstanding.

Dr. Terranova encouraged Joyce to schedule a check-up and her annual exam revealed a mass. Surgery revealed it was cancerous. The good news...the cancer had been caught early enough that it hadn't spread.

"If I had put that off even six more months, that size of tumor would be Stage 4. As women, we take care of everybody else first. If I can stress anything, please, I beg you to take care of yourself," Joyce said.

Lifesaving cancer care and support is ALWAYS a priority for Foundation funding.



Birth experiences as special as each new life

Helping bring babies into the world is such a privilege. Making the experience as special as each little one is important. To achieve that, Mount Carmel created Columbus and central Ohio's first hospital-based doula program. A doula is a highly-trained, experienced professional who supports women through labor and delivery, helping with non-medical aspects of care.

"I got the call to support Melissa. She had already had two previous c-sections and wanted to avoid a third, if possible," said Doula Kat Kirk-Holmes. "Her confidence and power were amazing to witness. Helping her through breathing techniques, positioning, and after birth care assisted her through her labor and birth. Great job Melissa!"

Generous colleagues change lives, raising \$678,000+

Each year, Mount Carmel colleagues give generously to the Foundation through our Colleague Giving Campaign. This year's successful campaign raised \$452,200! The dollars raised fund critical programs and services that support colleagues, patients, physicians, and those most vulnerable in our community. The high level of support also unlocked a 50% Foundation match. As a result, \$226,100 will be directed to support Community Health and Well-Being programs.

MOUNT CARMEL COLLEGE OF NURSING

It's been such an amazing and special year for the Mount Carmel College of Nursing (MCCN). Celebrations of its **120th anniversary** have been woven into activities and events throughout 2023, including the Annual Scholarship and Donor Recognition Dinner and the installation and blessing of a new college president, **Dr. Todd Ambrosia**.



As one of our beloved alumni leaders and Foundation donors Phylis Crook said, "The world needs more Mount Carmel nurses." Helping meet that need is a top priority for the Foundation, one that donors generously and consistently support. Ninety percent of MCCN students receive financial assistance to pursue their nursing education. This year, 225 scholarships were awarded, totaling \$542,737, with \$483,737 coming directly through the Mount Carmel Foundation.

Dr. Todd Ambrosia, who joined the College as its president last May, brings a renewed sense of optimism and excitement for the future. His tenure was blessed at a special mass, held at the College just prior to the Scholarship Dinner, and attended by members of all constituencies and supports of the College and of Mount Carmel. Thanks to a generous donor, Dr. Ambrosia now has a President's Excellence Fund, which gives him resources to address emerging opportunities to innovate and enhance nursing education at MCCN.

In last year's annual report, we highlighted the success of the Our Legacy of Learning campaign, which raised more than \$3 million to support three primary areas: scholarships, faculty innovation and the student emergency fund. The pandemic presented tough challenges for the College and its students. While that important campaign — conducted during the worst of the COVID days — has concluded, the gifts made to support it will continue to deliver benefits for years to come.

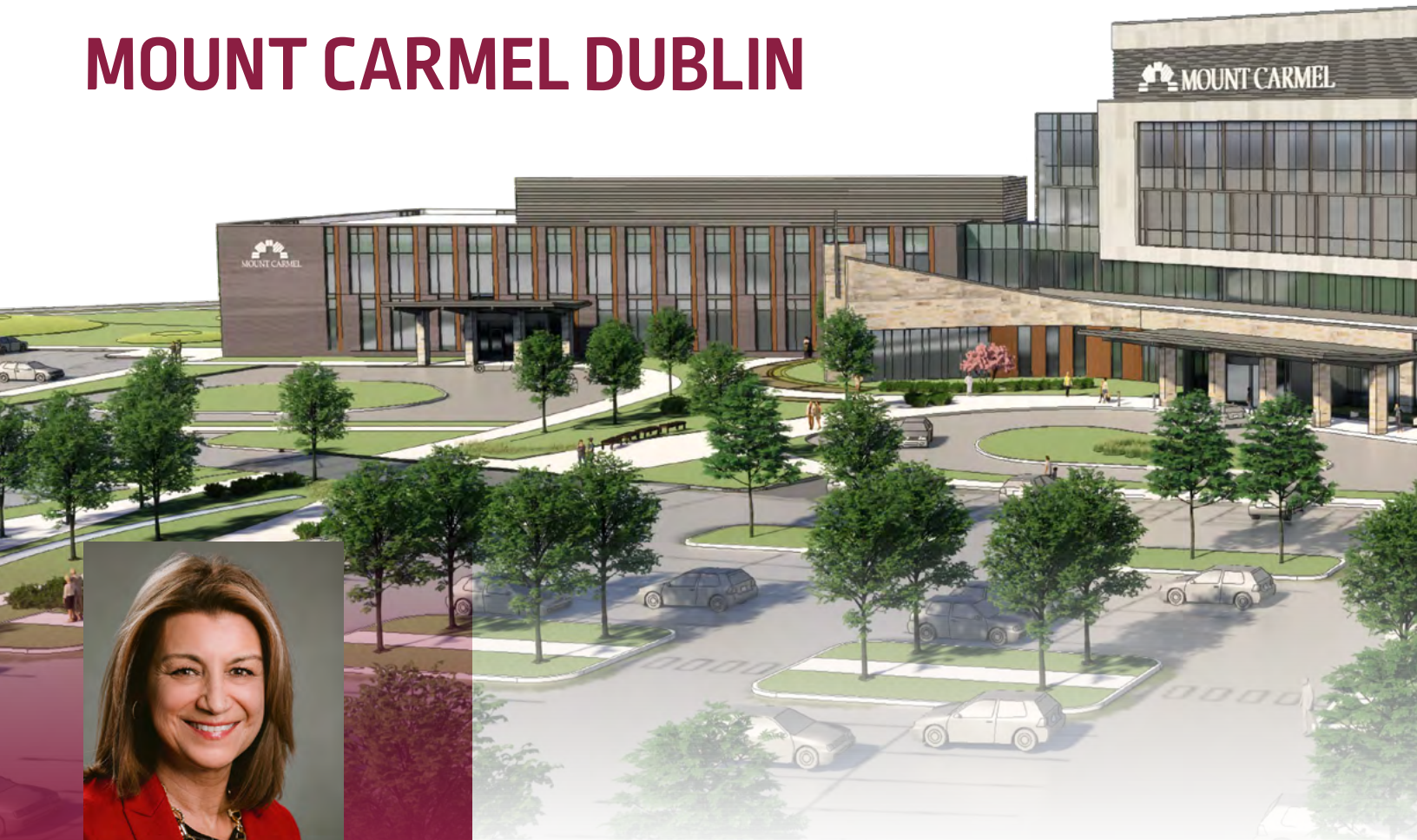


“Through the auspices of the Mount Carmel Foundation, we have been able to provide scholarships to deserving students, enhance our state-of-the-art facilities, and expand our academic programs. Your vision and support have been realized in so many ways, and we are forever grateful for your partnership.”

— MCCN PRESIDENT,
DR. TODD AMBROSIA

A generous donor has made a \$20,000 seed gift to establish the President's Excellence Fund at the Mount Carmel College of Nursing. The fund may be used at the president's discretion to invest in his highest emerging priorities.

MOUNT CARMEL DUBLIN



“For many years, the City of Dublin has been proud to offer our residents the best in healthcare with providers and services that administer a continuum of care. The addition of a Mount Carmel hospital, ambulatory center and medical offices on our eastern border will skillfully complement the health care services in Dublin and beyond.”

— DUBLIN MAYOR AND
MCCN ALUMNA JANE FOX

Mount Carmel Dublin – currently under construction in Dublin, Ohio, at the intersection of 270 and Sawmill Parkway – will not be another “traditional” hospital. Rather, Mount Carmel is re-imagining post-COVID health care delivery to keep people safer and return them to their homes as quickly as possible.

Now, a campus that strengthens the exceptional abilities of our doctors, nurses and staff to personalize care is becoming a reality. Seamless communications, state-of-the-art equipment, a soothing, healing environment are possible. Patients and families will have a whole new way of experiencing the care they need... that puts their schedule, their concerns and their lifestyle at the center of their Mount Carmel healthcare experience.

Our **PEOPLE FIRST** principles:

- Investing in well-being
- Investing in the human experience
- Investing where people live
- Investing in our community



“This state-of-the-art facility will allow us to provide exceptional care to even more patients in the Central Ohio region. We look forward to offering this convenient location to our patients and expanding the offerings we can provide to all in this vibrant and growing community.”

— MOUNT CARMEL PRESIDENT AND CEO LORRAINE LUTTON

The new 35-acre campus, scheduled to open in mid-2025, will include:

A small hospital, with 30 beds initially, to provide critical care

Primary care, orthopedics, neurology, cardiology and surgical services

Emergency department, imaging and short-stay unit, plus the innovative use of technology, provide additional capabilities

Community health and well-being programs

Our capital campaign is now underway to help fund this new and exciting campus.

For more information about supporting this effort, please visit www.mountcarmelhealth.com/mount-carmel-foundation/mountcarmeldublin

2023 COMMUNITY IMPACT

Welcoming spaces for colleague support and development

Mount Carmel's Colleague Resource Groups (CRG) are voluntary, employee-led groups whose aim is to foster a diverse, inclusive workplace. Group members generally share a characteristic, whether it's gender, ethnicity, religious affiliation, lifestyle or interest.

The groups provide support and help in personal or career development, participate in service activities, and create a safe space where employees can connect and engage with one another. Allies also may be invited to join or support the CRG.

CRGs enhance feelings of connectedness and provide opportunities for employees to seek and offer support to one another, and to learn, socialize and network with each other. Each official Mount Carmel CRG is eligible for a \$2,500 mini grant each year to advance their work, internally and externally. Groups currently active are African American, Women, PRIDE and Veterans CRGs.



A full decade of amazing learning experiences

Ten years ago, Mount Carmel Foundation was one of the first entities to forge a lasting partnership with the Cristo Rey Columbus High School Professional Work-Study Program. Over the past decade, more than 200 Cristo Rey students have worked and learned inside the Mount Carmel community.

Cristo Rey, a Catholic high school, empowers children from low-to-moderate-income families of all faiths to gain valuable workplace skills and experience in exchange for their tuition.

This year, the Foundation supported 21 Cristo Rey students who are engaged in work with the health system and the College. In addition to working one full work day during the week at Mount Carmel, each student maintains a full schedule of college-preparatory coursework.



A proud and important partnership

Good health is a blessing and we work to make sure that all individuals have available, accessible care. Partnering with the African American Male Wellness Agency is one of the ways we help reduce disparities and promote good health.

In August, the Foundation sponsored the Annual African American Male Wellness Walk, an event that provides great exposure to the community, connections to primary care physicians, free health screenings and innovative on-site education. Attendance at the event was estimated to be more than 35,000.



End-of-life care brings comfort to patients and families

Hospice care is a compassionate way of helping people with terminal illnesses live as fully and comfortably as possible in their last days. Mount Carmel's hospice care, grief and bereavement services brought help to more than 14,000 individuals dealing with life-limiting illness and loss in 2023.

The Foundation helps support services and amenities that allow patients to be cared for at home, when possible, and at care sites when necessary. Through expert treatment and counseling, and with careful attention to relieving pain and discomfort, compassionate end-of-life care is provided uniquely to each patient and family.

The Mount Carmel Hospice team includes physicians, nurses, social workers, counselors, aides, trained volunteers, and chaplains who work with the attending physician to develop a care plan that's based on patient choice, careful implementation, and daily communication.

Mount Carmel's grief and bereavement services include support groups, short-term individual counseling, educational seminars and other resources. It also provides children and their families the opportunity to work through loss together in a safe, supportive setting to help normalize the grieving process and help families heal. And they're available to everyone who needs them. All grief and bereavement programs are open to the community and free of charge.

“Mount Carmel hospice care focuses on how the patient wants to manage his care, and brings everyone into alignment with that. When my dad's blood disorder was no longer responding to medication, he decided not to go further with treatment. My 94-year-old mother was having her own health challenges at the time, and, as you might imagine, it was a lot to manage. They cared for my dad like family.

While my sisters and I were all involved in their care, Mount Carmel hospice was invaluable. They always went above and beyond and cared for mind, body and spirit of the whole family. They live their mission. It's obvious that this is more than just a job for them. They embrace the entire family and helped make us feel competent and confident during a very difficult time.”

— JOYCE BRAND



Safety net support for patient changes life trajectory

Mount Carmel patient J.D. had multiple medical issues affecting his memory and mobility, and was advised that he had a long road to recovery. He was referred to the Social Care & Outreach program for help during this particularly difficult time in his life.

David Thomas, the peer counselor who met with J.D., recognized that he had a defeated spirit. His finances were depleted, he had lost his job, and his housing was in jeopardy. J.D. shared that he felt extremely depressed, isolated, and without family or friends whom he could depend upon for support.

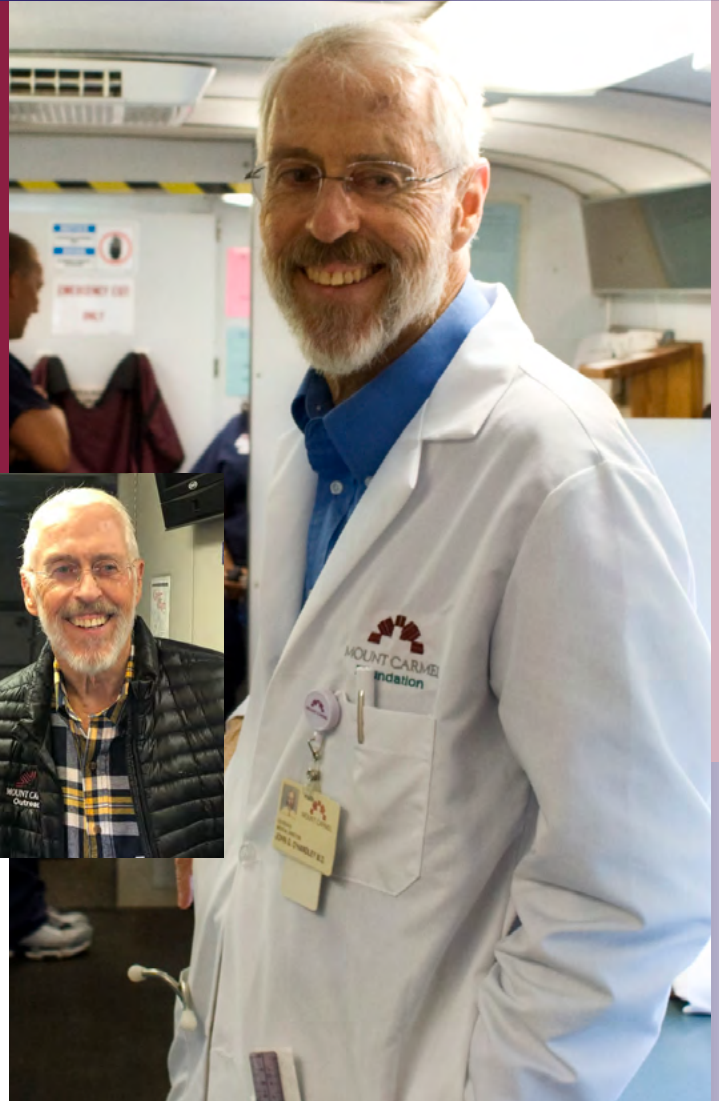
Creating and listing goals was one of the first steps J.D. took to help him begin to create a life greater than he could imagine. Following that with a series of steps to connect with community resources, apply for Social Security Disability Insurance and stabilize his housing situation, J.D. has made great strides to improve his mental, physical, spiritual and emotional health.

J.D. tells us that “his life has meaning and purpose again” and he credits his new way of living to the support he received from the Mount Carmel Social Care & Outreach program.

The legacy of Dr. O, a servant leader, physician and teacher

DR. O

Known fondly as “Dr. O,” **Dr. John “Jack” O’Handley** was the embodiment of Mount Carmel’s mission and the face of our Outreach program for more than 25 years. He passed away, peacefully surrounded by his family, on Monday, July 10, 2023, after an extended illness.



Outreach, now called Community Health and Well-Being, extends our reach into the community and helps provide free health services to those in need. Among the services the program provides are physical exams, diagnoses and treatments, health assessments and screenings, health education, referrals and social service assistance.

“He had a servant’s heart for the underserved,” said Brian Pierson, vice president of Mount Carmel Community Health and Well-Being. “Anyone who knew him saw firsthand his unconditional acceptance, kindness and care for people that usually have little food, little self-esteem, no formal housing and no regular medical care. He cared for them all like family.”

Dr. O’Handley inspired all around him by his gentle kindness, love for life, and optimism. He was a successful physician, teacher, and most importantly to him a loving husband, father and grandpa. Countless medical students, residents and nurses had the privilege of learning from him. He was recognized for the impact he had on medical students when the Ohio Academy of Family Physicians named him Family Medicine Educator of the Year.

And wherever he came, in villages, cities, or countryside, they laid the sick in the marketplaces and implored him that they might touch even the fringe of his garment. And as many as touched it were made well.

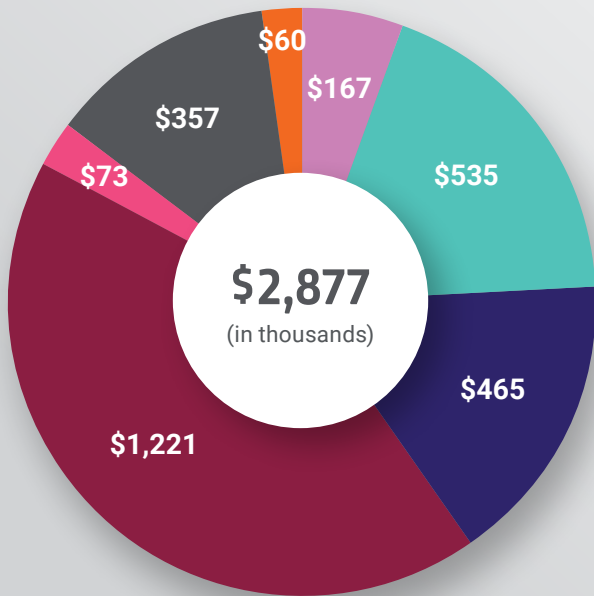
— MARK 6:56

“Dr. O’s mantra was, ‘When there is life, there is hope.’ His legacy will live on in our Street Medicine team and all of our colleagues who lead with compassion, acceptance and love,” said Brian Pierson.

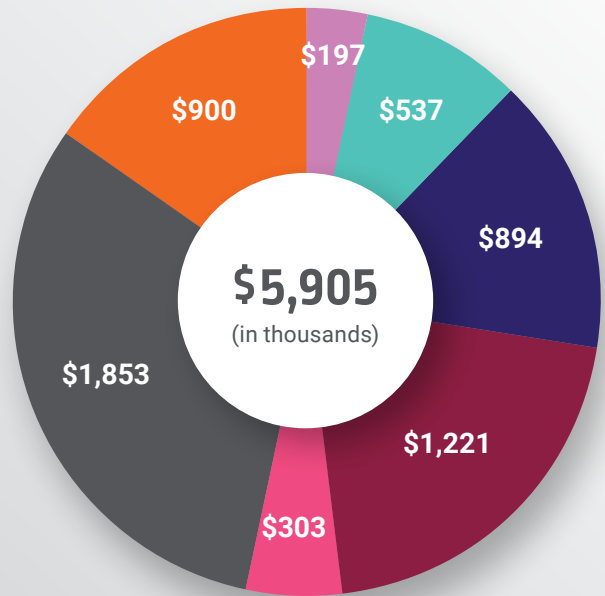
Your support touches thousands of lives

2023 FINANCIAL HIGHLIGHTS

The generous support of our donors has never before been more needed or appreciated. Thank you for helping us heal body, mind and spirit in the communities we serve.



FY2023 Contributions & Government Grant **Revenue**



FY2023 Charitable & Government Grant **Expenditures***

- Area of Greatest Need / Other Miscellaneous
- Campus Support & Capital/Equipment
- College of Nursing & Other Education
- Government Grants
- Hospice & Palliative Care
- Outreach & Other Mission Programs
- Women's Health & Other Patient Programs

FY23 Total Assets: \$165.9 million

FISCAL YEAR ENDED JUNE 30, 2023 — *unaudited*

*Programs are funded through donor gifts, grants and endowment earnings.

2023

MOUNT CARMEL FOUNDATION BOARD OF TRUSTEES



Ramon Jones
Chair



Jim Karam
*Vice-Chair &
Secretary*



Mike Curtin
*Nominating &
Governance Chair*



Meaghan McCurdy
Allocations Chair



David Frea
*Finance Chair
and Treasurer*



Rebecca Nelson
*Eliminate Racism
Chair*

Katie Ballay
Dr. Alynia Bowen
Amy Cain
Courtnee Carrigan
Lilleana Cavanaugh
Jennifer Dodovski
Rosemary Duffy

Dr. Kathryn Gardner
Lisa Gutierrez
Dr. F. Kevin Hackett
Dr. Mark Hackman
Msgr. Joseph Hendricks
Lorraine Lutton
Melissa McCarthy

Steven Nourse
Sister Joy O'Grady
Kevin Ryan
Dr. Nidhi Satiani
Jerry Saunders Sr.
Deanna Stewart

*We serve together in the spirit of the Gospel as a compassionate
and transforming healing presence within our communities.*

*The Mount Carmel Foundation stewards contributions in support of the
Mount Carmel Health System, bringing hope, healing and
compassionate healthcare to those in need.*



MOUNT CARMEL
Foundation

A Member of Trinity Health

3100 Easton Square Place, Suite 300 Columbus, Ohio 43219 614-546-4500

givetomc@mchs.com mountcarmelfoundation.org