How to Wear a Mask

A mask worn below the nose or under the chin will not protect you. Inappropriate mask use may increase your risk of exposure.

CORRECT

INCORRECT











MASK NECKLACE



MASK GOATEE





- Every time you touch your mask, you risk touching your face and infecting yourself.
- Leave your mask on unless you are leaving the participant care area, eating, the mask becomes damaged or soiled, or it is the end of your shift.
- When removing the mask for later use, remove it by the face straps and carefully fold it so that the outer surface is held inward and against itself to reduce contact with the outer surface during storage.
 Do not touch the outer surfaces of the mask.
- Store the mask in a clean paper bag between uses. After removing and placing the mask in the bag, wash your hands before doing anything else.
- When you put the mask back on, use the face straps and do not touch the outer surface of the mask. Wash your hands immediately after putting the face mask back on.
- To dispose of a used mask, remove it by the face straps and avoid touching the outer surface of the mask. Dispose immediately. Wash your hands.

